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SPEC-GRAB-ME

GRAB-ME® LIFELINE

SPEC SHEET



Available in 600 or 1200 ft spools and diameters of 5/8" or 3/4" (16 or 19 mm).

Part Numbers:

GM312 - GRAB-ME 3/4" x 1200'

GM512 - GRAB-ME 5/8" x 1200'

GM360 - GRAB-ME 3/4" x 600'

GM560 - GRAB-ME 5/8" x 600'



HOLD-ME® Lifeline Anchor

Part Number: HMA58

Designed to terminate lifelines without tying knots. The practical solution for complying with national safety standards and reducing liability exposure.

- Use with 5/8 to 3/4" lifelines.
- 5000 lb ultimate load capacity.

"Knots shall not be used for load bearing end terminations."

- ANSI Z359.1 section 3.2.7.2.2

"Knots can reduce the strength of lifelines up to 50% depending on what type of knot is employed."

- National Cordage Institute

GRAB-ME and HOLD-ME Comply with ANSI Z-359.1

(American National Standards Institute - Safety Requirements for Personal Fall Arrest Systems, Sub-Systems and Components)

SPECIFICATIONS

Diameter: 5/8" or 3/4" (16 or 19 mm)

Circumference: 2" on 5/8" and 2.25" on 3/4" Lifeline (51 and 57 mm)

Length: 600 or 1200 ft spools (182.5 or 365 m)

Construction: Composite high tenacity polyester cover over high tenacity co-polymer core yarns. Twisted 3-strand Monofilament.

Color: White with red & blue tracers

Melting Point: 500°F (260°C)

Elongation: Moderate
(Maximum of 22% at Break Point)

UV Resistance: Excellent

Abrasion Resistance: Excellent

Acid/Petroleum Resistance: Very Good

Tensile Strength: 5/8" (16 mm): minimum 9,450 lb (4,286 kg)
3/4" (19 mm): minimum 13,500 lb (6,124 kg)

Weight: 5/8" (16 mm): 9.3 lb/100 ft (4.2 kg/30.5m)
3/4" (19 mm): 13.3 lb/100 ft (6.0 kg/30.5m)

Absorption: Will not absorb moisture and will not rot